

Getting a good head start – 60 min. talk to staff or parents



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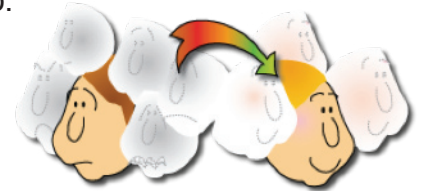
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Success Strategies for Home, School and Beyond...



A for Attitude author; Julie Davey, introduces and demonstrates the innovative **Fabulous First 5 Minutes** process which is designed to:

- flip focus
 - reduce anxiety and encourage optimism
 - help your students focus in class, *and*
- build resilience in children of all ages in less than five minutes per day.



Ideal for:

- Professional Development session for teachers
- Keynote for parent information nights

Call us today to discuss fees and your preferred application,

or to enquire about any of our other
resources and services.

“I am the grade 5/6 teacher at Rosebud Primary and I have been working on the **Fabulous First Five Minutes** for about 2 weeks in my classroom. I have found the program VERY good for my students, and we have been putting our worries away in the morning, by posting them on our ‘Possibilitree’.

The kids have responded in a very positive way, and remind me when we haven’t ‘done our tree’ in the morning.

I have some students who come from very sad family lives and they are finding the tree a good way to focus on the positives in their lives and have a good day at school.

So far, I have found the program to be a positive addition to my classroom and intend to continue it throughout the year.

Thanks for such a great program!”

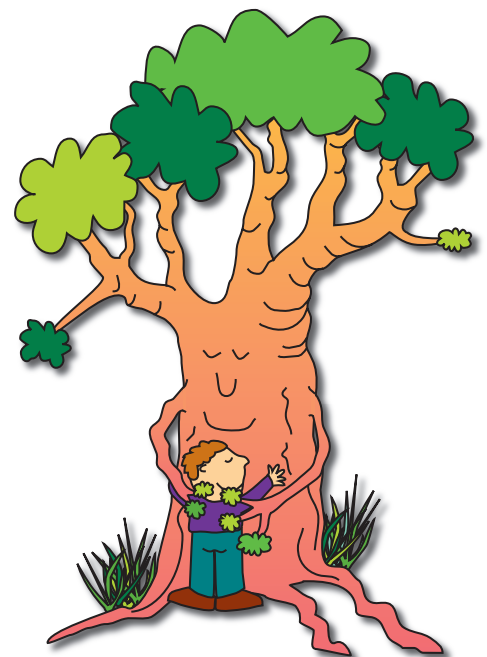
*Heidi Kerr
Rosebud Primary School.*

“The **Fabulous First Five Minutes** devoted to the ‘A for Attitude Campaign’ could be the day’s most valuable lesson.

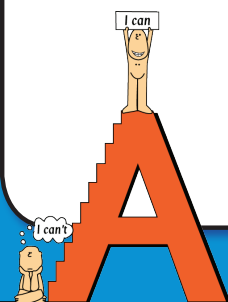
From my experience, having used a similar approach, the time spent is time saved, as my students’ behaviour, motivation and participation improved.

Children possessing an acceptance of themselves and others, a positive attitude and an action-plan as promoted in **A for Attitude** have a head-start for life!”

*Noelene Bedggood, NSW
(former teacher and current Rotarian)*



**Limited dates available
Call today–(03) 5982 0086
and book this event for your school.**



A for Attitude – Helping kids to navigate the 21st Century.

For more information ph: (03) 5982 0086 or email info@aforattitude.com.au

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